



NEWSLETTER - May 2016



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Sat. May 7: Spence Creek (Prescott)

Now that the temperatures in the valley are heating up, come up north to Prescott and enjoy a day in the cool tall pines. We are excited about a new map area located north of our Thumb Butte map. The Forest Service completed logging the area in 2015, so the forest is open with relatively little debris in most parts of the map. The area also features a large network of footpaths, so route choice and efficient execution will be key to running a fast course. We think you'll find the terrain enjoyable, and we're hoping this may become one of your favorite GPHXO maps! No preregistration required, register when you arrive at the event

Classic Courses

A classic (or point-to-point) event is the traditional orienteering course where the competitor must visit the control markers in the sequence shown on the map. Several courses are offered to suit a variety of skill levels.

Bike-O

For our mountain biking friends, we're offering a Classic point-to-point Bike-O course, where the controls must be visited in the order shown on the map. The Bike-O will have some minor challenges but does not include anything overly technical - it is all on-trail. A helmet must be worn at all times.

Combined Bike-O / Foot-O Race

For those of you who want to burn more calories, you can choose to enter the combined bike/foot event. You'll begin by completing the Bike-O course, and when you check in, you can pick one of three foot orienteering categories

Schedule & Costs

Registration Begins 8:30 am
Courses Open 9 am
Last Start Time noon
Courses Close 2 pm
DNF Cutoff Time 2:15 pm

Individual\$5 member / \$10 non-member
Team.....\$8 member / \$15 non-member

Note that if you wish to participate in the combined Bike-O / Foot O, you will need to register for each event separately

Participants under age 18 (all events):

All participants under age 18 are now required to have a signed parental consent form on file with the club. You can complete the form (available on the gphxo.org website) before the event and either scan it and send it to us by e-mail or bring it with you to the event.

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

What to Bring (all events):

- Whistle (Mandatory for all. Available for purchase at Phoenix events for \$1)
- Compass (Mandatory for all. Available for rent at Phoenix events for \$1)
- Water. There will be water at the start/finish . There are no water stations on the Bike-O course.
- Sun screen.
- Bike-O participants must wear a helmet.

Sturdy hiking shoes and long pants are recommended. You may encounter cactus, cat claw, and loose terrain.

Directions to Spence Creek

Phoenix to Prescott: travel north on I-17 to Cordes Junction, exit 262 (47 miles). Stay left onto Hwy 69 to Prescott. (35 miles) Stay left at the intersection with Hwy 89 (turns into East Gurley) and continue to Courthouse Square.

- From the northwest corner of Courthouse Square, travel north on Montezuma Street one mile to where it curves to the west and turns into Whipple Street. Continue approximately 0.7 miles on Whipple Street to the intersection with Willow Creek Road/Miller Valley Road. At this point, the street in front of you is Iron Springs Road.
- Continue west/northwest on Iron Springs Road 4.4 miles to the unmarked road "Forest Trail 332". The turnoff is on the south side of Iron Springs road approximately 0.4 miles after milepost 4. An orange and white orienteering sign will mark the entrance to the road on the event day.
- Parking for the event is about a quarter of a mile south down the forest road. Signs will direct you to the event parking.

Please see the GPHXO website for more detailed directions.

Recent Event Results

March 13 - Saguaro Lake Score-O

Top finishers were Ron Birks, Erik Ringnes, AustinA (top team), Kyle Seifullin, Team Chapman and Team Cake. Top female finisher was Marjorie Zoertic. Thank you to all 27 participants!

Thank you to Derrick Beracy, Ron Birks, Kevin Mahoney and Eric Ringnes, our event volunteers.



April 9 - Cave Buttes Score-O, Bike-O and Adventure Race

The area is normally closed to the public but for this one weekend, we were allowed to set three navigation courses in the hills and plains around the dams.

Top finishers were Forest Brown, Ben Markley, Kyle Seifullin, Rob and Carey (top team finishers) and Shiloh Ashley (top female finisher). We had a total of 23 participants.

Top finishers in the Adventure Race were Andy Wentzel, Harry Zulch, Trunk Monkey (team) and Invictus (team). Team Vintage won the Bike-O.

Thank you to Ron Birks and Erik Ringnes for planning the event, and to several others who helped with setup and teardown for the event.

GPHXO Upcoming Event Schedule

Saturday May 7 - Prescott

Did you know that GPHXO O.C. members get the “member” rate for Tucson O.C. events? Next Tucson event is July 17 at Bear Wallow. Please visit the Tucson club’s website:

www.tucsonorienteringclub.org

And check out the GPHXO online store:

**[www.cafepress.com/
greaterphoenixorienteringclub](http://www.cafepress.com/greaterphoenixorienteringclub)**

We’re also at:

www.meetup.com/Phoenix-Orienteering

and

www.facebook.com/GPHXO



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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:

Greater Phoenix Orienteering Club
c/o Rockledge Services

P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at gphxoc@yahoo.com

(we no longer have a phone # - contact via email - thanks!)

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS *(required for web membership discount; we will email you when the new newsletter is on the website)*